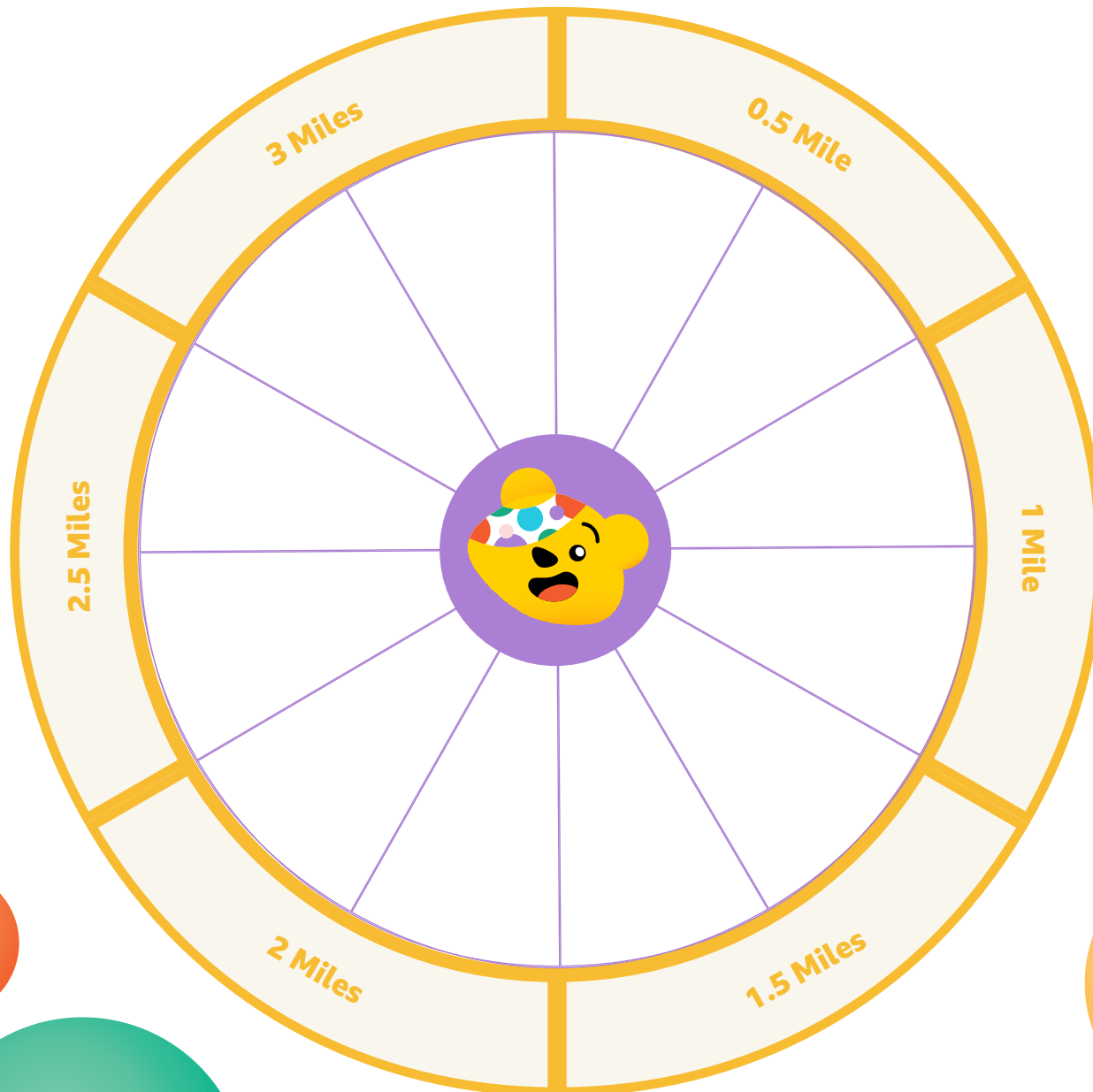


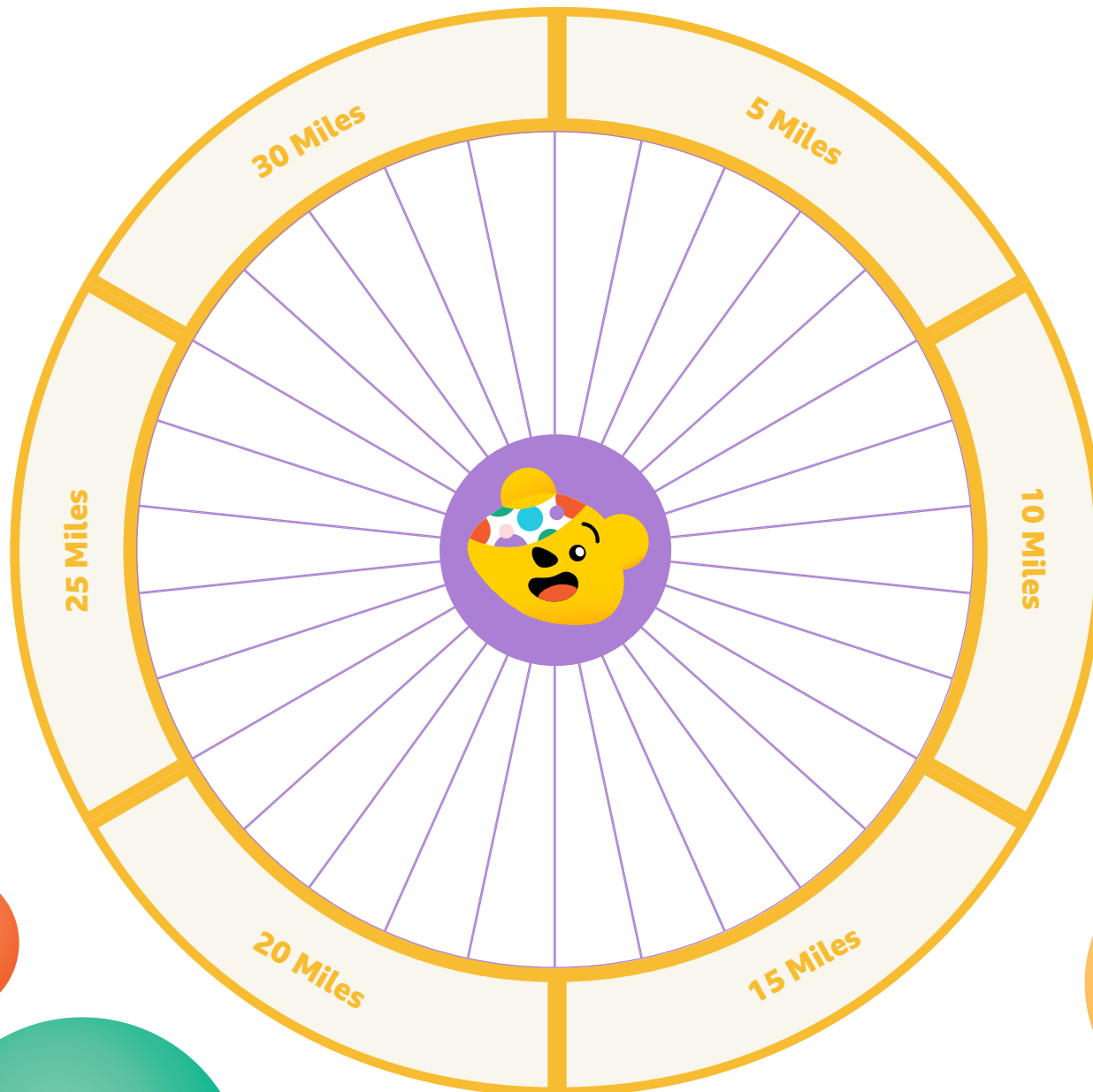
3 MILE CHALLENGE PROGRESS TRACKER



Colour in each section
of the wheel to track
your progress by each half
mile you complete.

Good luck!

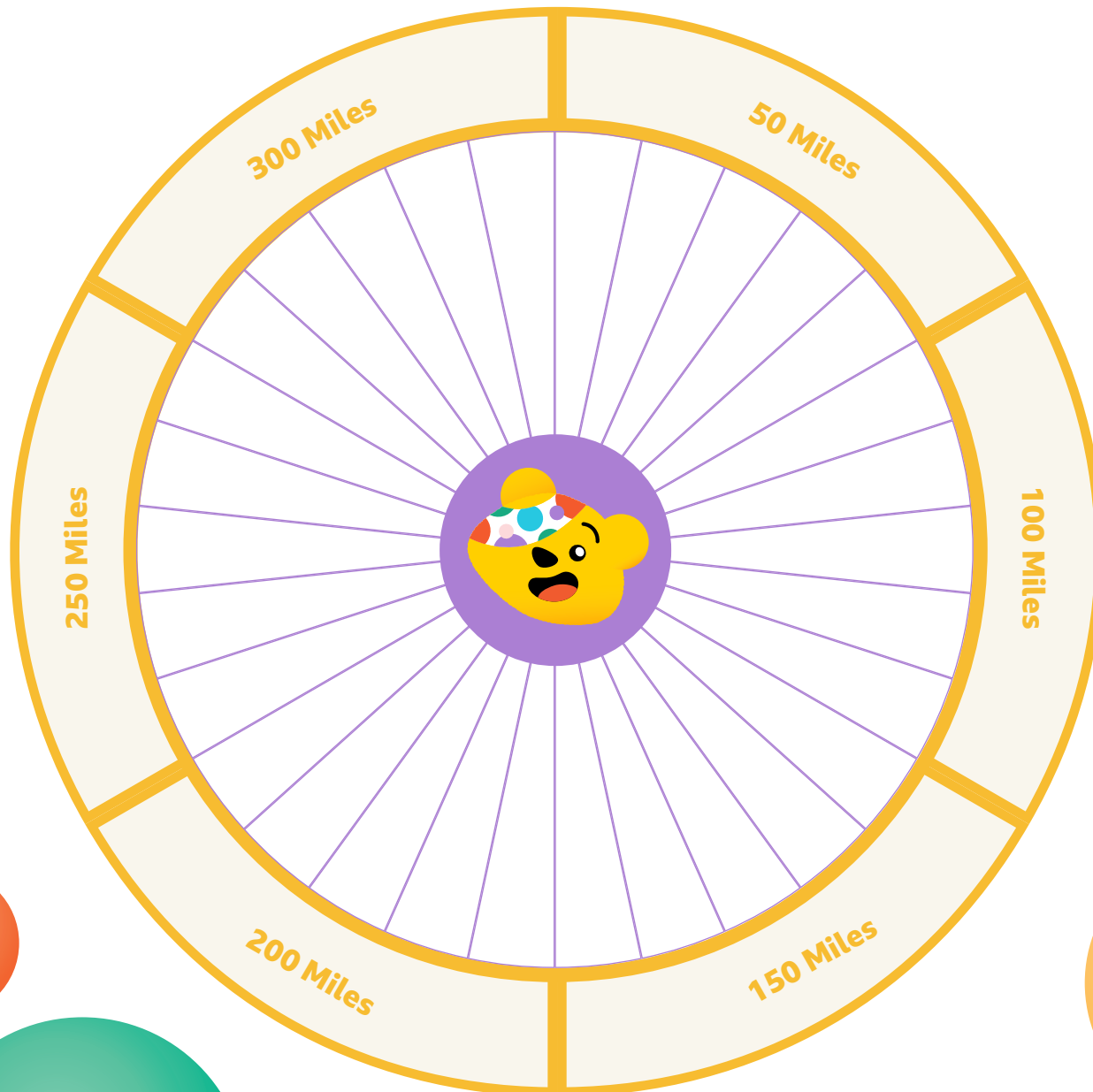
30 MILE CHALLENGE PROGRESS TRACKER



Colour in each section
of the wheel to track
your progress by each five
miles you complete.

Good luck!

300 MILE CHALLENGE PROGRESS TRACKER



Colour in each section
of the wheel to track
your progress by each 50
miles you complete.

Good luck!