

THE GREAT SPOTACULAR MAWRREDDOG

BBC

**PLANT MEWN ANGEN
CHILDREN IN NEED**

**JOIN IN WITH...
YMUNWCH Â...**



WHEN & WHERE / PRYD A BLE

**WE'RE RAISING
MONEY FOR
BBC CHILDREN
IN NEED**

**NI'N CODI ARIAN I
BBC PLANT
MEWN ANGEN**

**CONTACT
CYSYLLTU**





BBC
PLANT MEWN ANGEN
CHILDREN IN NEED

**WE RAISED A
NI WEDI CODI'R SŴM**

SPOTACULAR

£

**THANK
YOU
DIOLCH
YN FAWR**



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USE OUR TOTALISER TO TICK OFF EVERY
100 BEARPEES TO KEEP YOUR FOCUS
DEFNYDDIWCH EIN CYFANSYMIWR I ROI TIC FESUL
100 BEARPEE I GADW EICH FFOCWS

1000 BEARPEES



900 BEARPEES



800 BEARPEES



700 BEARPEES



600 BEARPEES



500 BEARPEES



400 BEARPEES



300 BEARPEES



200 BEARPEES



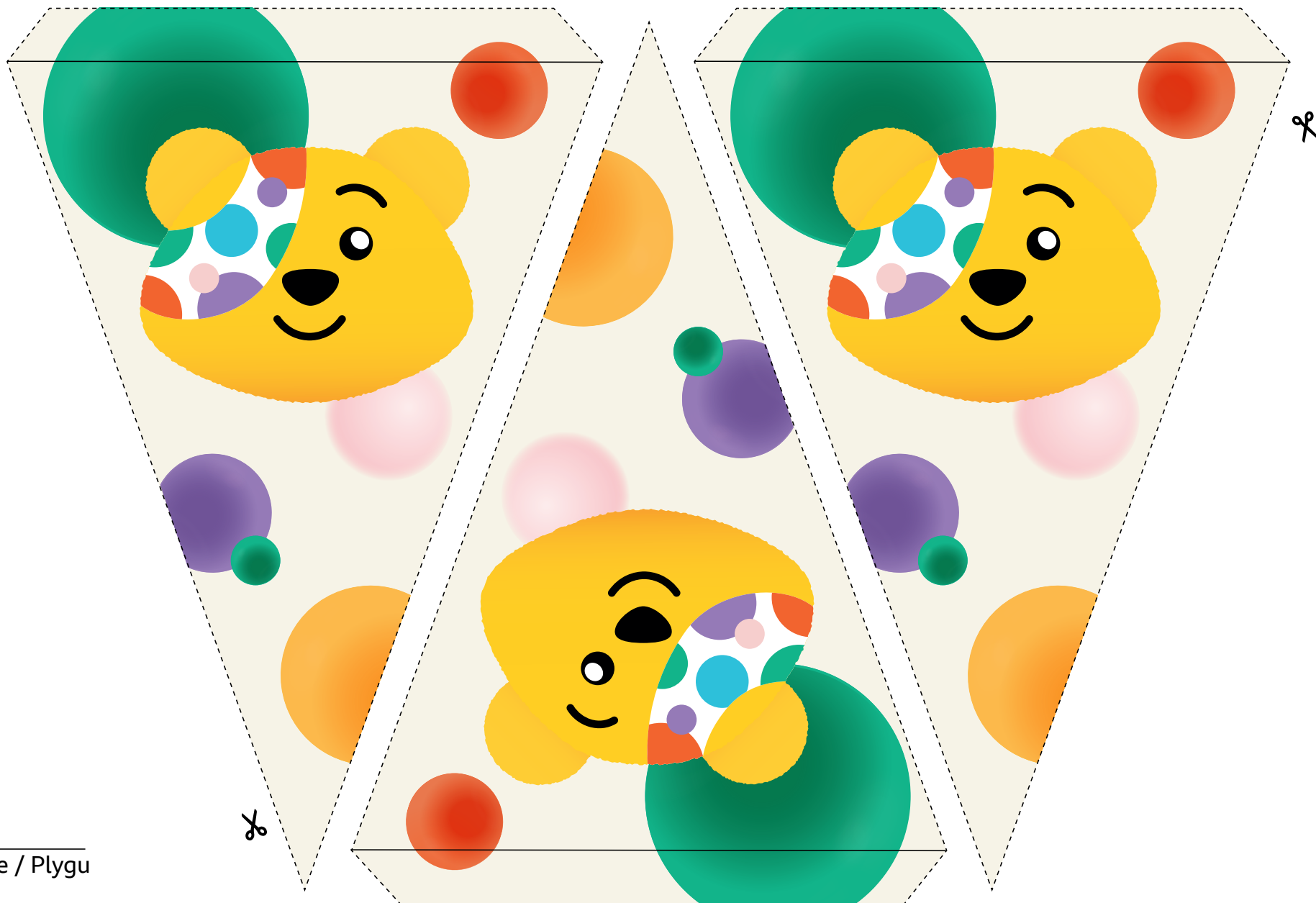
100 BEARPEES



PUDSEY BEARPEES TOTALISER
CYFANSYMIWR BEARPEE PUDSEY


**CHALLENGE
YOURSELF**
PUDSEY BEARPEES
BEARPEES PUDSEY
BARODAMHER

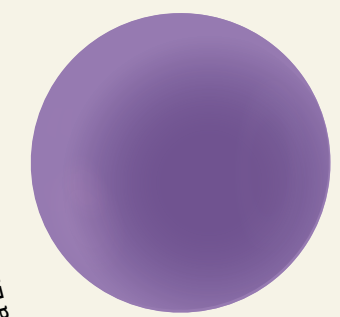
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CHILDREN IN NEED



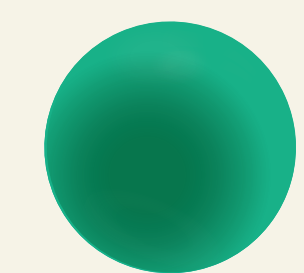
Fold here / Plygu

Cut here / Torri

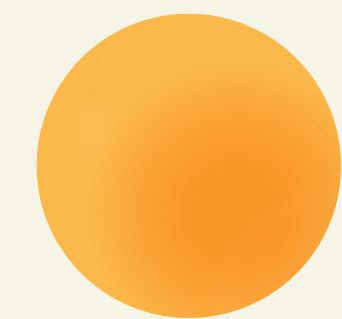
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ER BUDD / IN AID OF
BBC
PLANT MEWN ANGEN
CHILDREN IN NEED



ER BUDD / IN AID OF
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CHILDREN IN NEED





SPOTACULAR

PUDSEY BEARPEES / BEARPEES PUDSEY

WELL DONE / DA IAWN



BBC
PLANT MEWN ANGEN
CHILDREN IN NEED



PUDSEY MONEYBOX

KEY

Cut = _____

Fold = - - - -

1. Print this PDF onto A4 paper, and mount onto lightweight card
2. Cut out around the edge of the box on the solid lines
3. Fold along the dotted lines
4. Apply glue to the tab on the left hand side and stick behind 'get together' panel
5. Fold the bottom in order 1, 2, 3
6. Fold over the lid and tuck in
7. Hey Presto! You have a Pudsey Money Box

THANKS!
DIOLCHI!

RAISING MONEY
for BBC Children in Need
YN CODI ARIAN I
BBC Plant mewn Angen

Every £1 you donate can be worth £1.25 just by ticking the Gift Aid box.

Download your sponsorship form to collect Gift Aid on all the money you raise.

Mae bob £1 y byddwch yn ei chyfrannu'n gallu bod yn werth £1.25 dim ond i chi dicio'r blwch Rhodd Cymorth.

Llwythwch eich ffurflen noddi i lawr i gasglu Rhodd Cymorth ar yr holl arian y byddwch yn ei godi!.

bbc.co.uk/cin

£2

helps to buy materials for a play therapy session, for a child struggling with emotional wellbeing helping them to express their feelings.

Mae £2

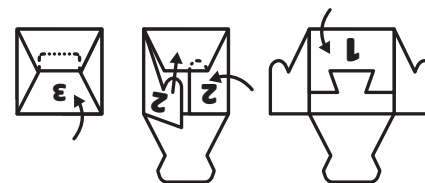
yn helpu i brynu deunyddiau ar gyfer sesiwn therapi, i helpu plant sy'n cael trafferthion gyda'u llesiant emosiynol i fynegi eu teimladau.

BBC
PLANT MEWN ANGEN
CHILDREN IN NEED

BBC Children in Need is not responsible for the organisation of this event or for the collection of the money.

Dydy BBC Plant mewn Angen ddim yn gyfrifol am drefnu'r digwyddiad hwn nac am gasglu'r arian.

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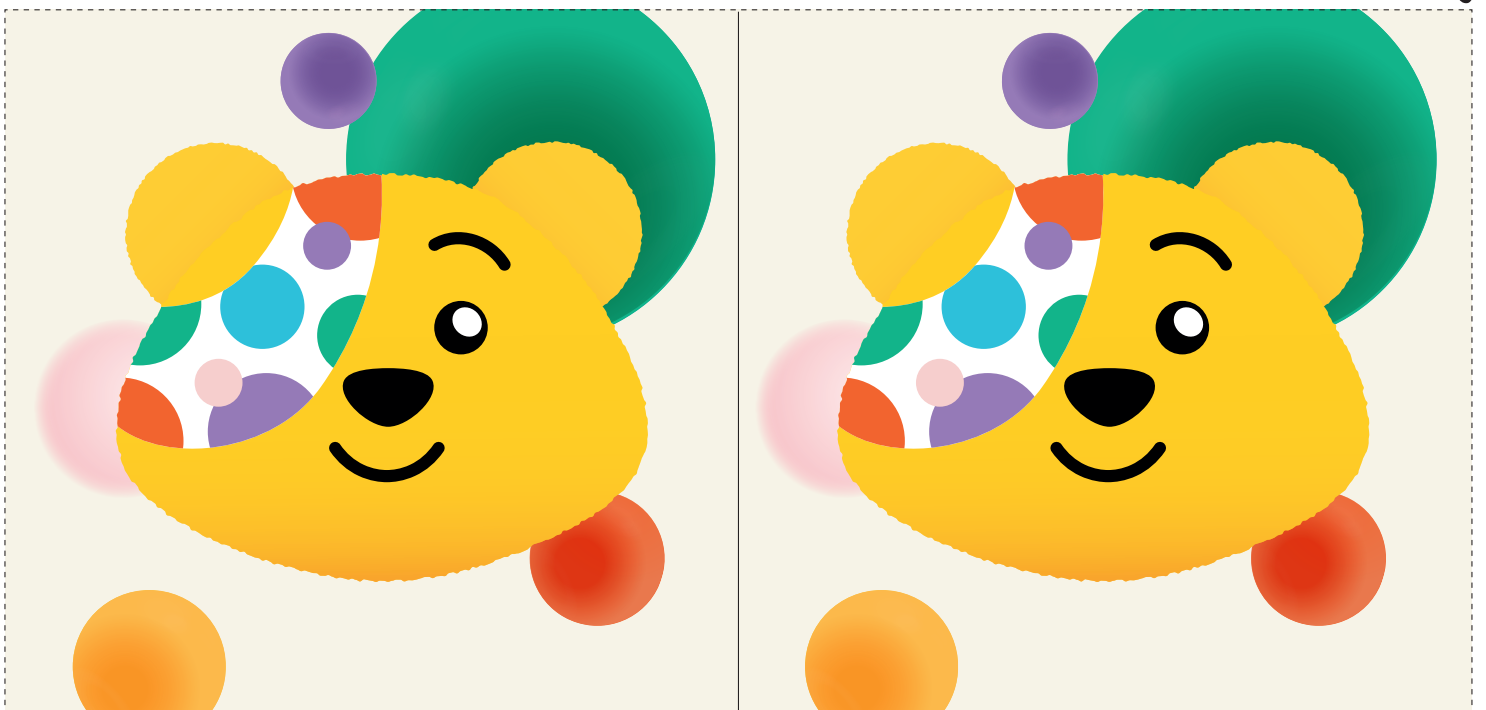
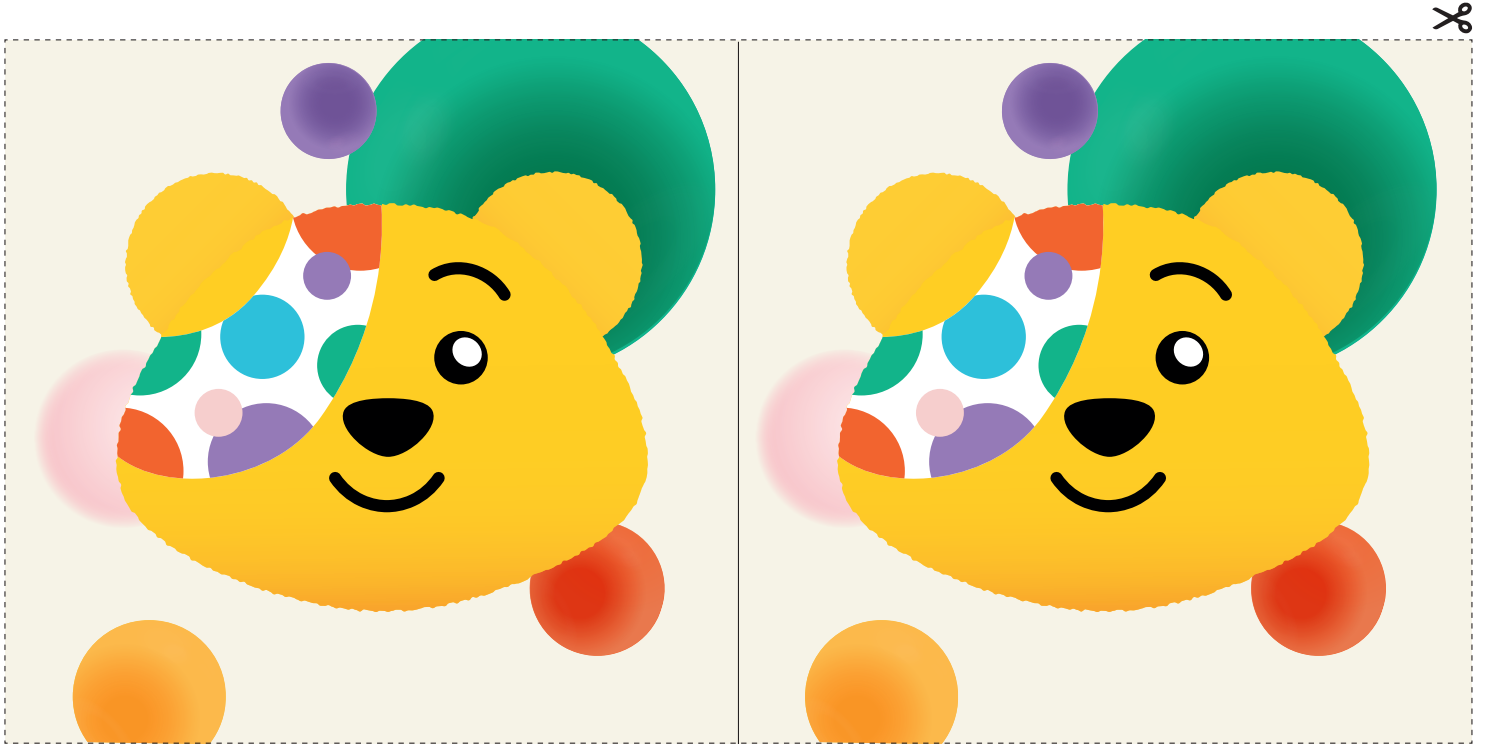
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PENCIL FLAGS

BANERI PENSILIAU

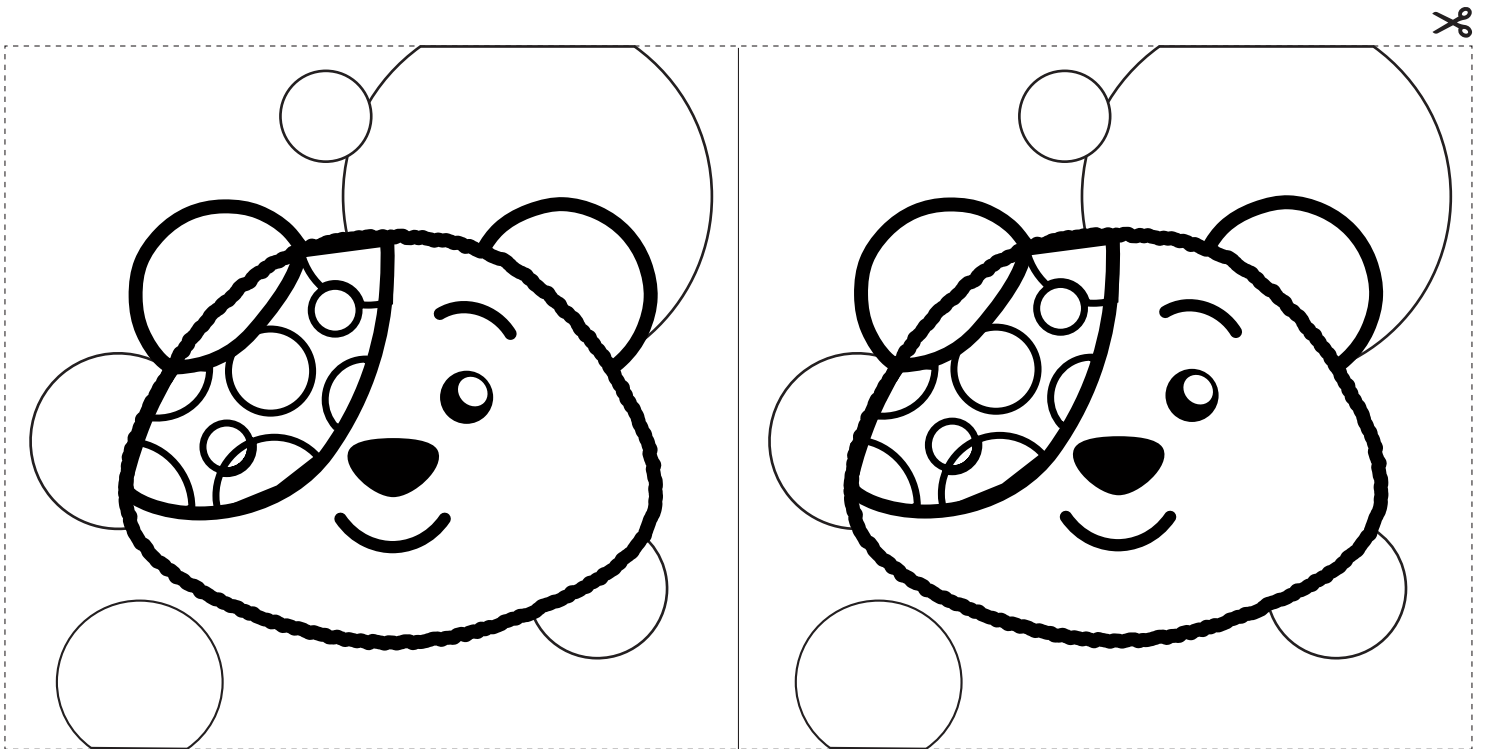
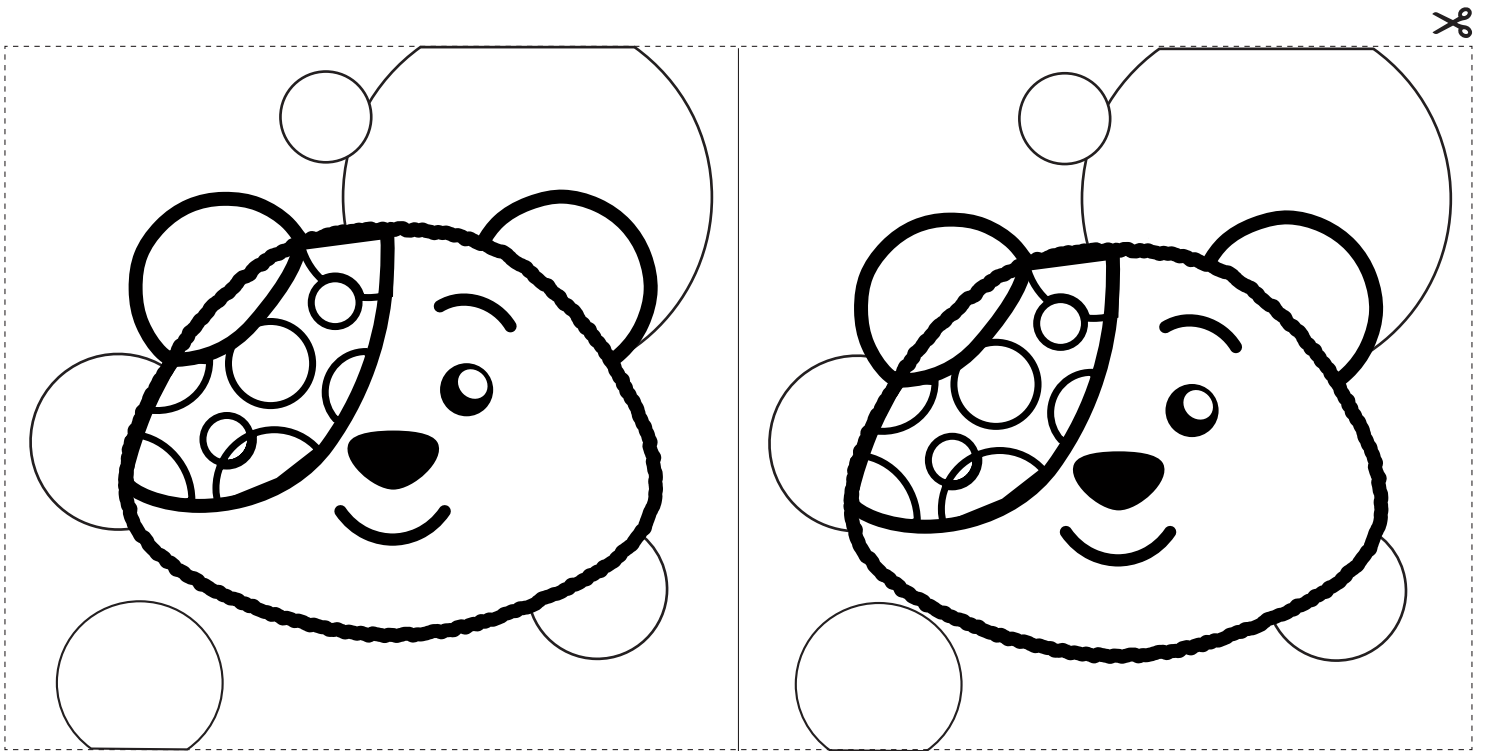


Fold here
Plygwch yma

Cut here
Torrwch yma

PENCIL FLAGS

BANERI PENSILIAU



Fold here
Plygwch yma

Cut here
Torrwch yma



**WE'RE RAISING
MONEY FOR
BBC CHILDREN IN NEED**

**NI'N CODI ARIAN I
BBC PLANT MEWN ANGEN**

**SCAN TO DONATE ONLINE
SGANIWCH I GYFRANNU**



**BBC
PLANT MEWN ANGEN
CHILDREN IN NEED**

BBC.CO.UK/CIN

Use this poster for cashless collections
Defnyddiwch y poster hwn i godi arian
heb orfod casglu arian parod

giftaid it

WE'RE ONLINE RYDYN NI AR-LEIN

Head online to pay in your sponsorship money or to make a donation, it's the quickest and easiest way to pay in.

Ewch ar-lein i dalu eich arian nawdd neu i roi arian, dyma'r ffordd gyflymaf a hawsaf o dalu i mewn.

bbc.co.uk/cin



HELPING YOUNG PEOPLE BE THE BEST THEY CAN BE HELPU POBL IFANC I FOD Y GORAU POSIB

With your support **we're there for young people** near you, changing lives where the need is greatest.

Gyda'ch cefnogaeth chi, **rydym wrth law i bobl ifanc** yn eich ardal chi, gan newid bywydau lle mae'r angen mwyaf.

You can find out about projects we support locally to you at bbc.co.uk/cin

Mae gwybodaeth am brosiectau rydyn ni'n eu cefnogi'n lleol ar gael yn bbc.co.uk/cin

£200

£200 pays for a series of one-to-one counselling sessions for an 11 year old boy affected by domestic violence and anxiety, supporting him to understand and manage his feelings, to develop ways to cope, and build his self-confidence.

Mae £200 yn talu am gyfres o sesiynau cwnsela un-i-un ar gyfer bachgen 11 oed sydd wedi dioddef trais domestig a gorbryder, i'w gefnogi i ddeall a rheoli ei deimladau, datblygu ffyrdd o ymdopi a meithrin ei hunanhyder.

FIND OUT MORE ABOUT THE CHILDREN WE HELP DARGANFOD MWY AM Y PLANT RYDYN NI'N EU HELPU

Sign up to our newsletter at / Cofrestrwch ar gyfer ein cylchlythyr yn bbc.co.uk/pudsey

Read stories about children we support and get up to speed on all our news, fundraising tips and alerts. Alternatively, please tick the box, fill out your details and send this form to BBC Children in Need, PO Box 648, Salford, M5 0LB. / Darllenwch straeon am blant rydyn ni'n eu cefnogi, a chael yr holl newyddion diweddaraf, yn ogystal â syniadau codi arian a negeseuon hysbysu. Fel arall, ticiwch y blwch, llenwch eich manylion ac anfon y ffurflen hon i BBC Children in Need, PO Box 648, Salford, M5 0LB.

☐ Yes, I am over the age of 16 and happy to be contacted by BBC Children in Need by email (Please provide email address below) / Ydw, rydw i dros 16 oed, ac rydw i'n fodlon i BBC Plant mewn Angen gysylltu â mi drwy e-bost (rhowch gyfeiriad e-bost)

OTHER WAYS TO PAY DULLIAU ERAILL O DALU



SET UP A FUNDRAISING PAGE SEFYDLU TUDALEN CODI ARIAN

If you are fundraising, setting up a fundraising page is the hassle-free way of collecting sponsorship money.

Os ydych chi'n codi arian, sefydlu tudalen codi arian yw'r ffordd ddidrafferth o gasglu arian nawdd.



POST / DRWY'R POST

Post cheques along with your sponsorship form to BBC Children in Need, PO Box 648, Salford, M5 0LB.

Postiwch sieciau gyda'ch ffurflen noddi i BBC Children in Need, PO Box 648, Salford, M5 0LB



BANK / BANC

Pay in your donation or fundraising money at the bank.

Talwch eich rhodd neu'r arian rydych chi wedi'i godi i mewn yn y banc.

FEELING PROUD? TEIMLO'N FALCH?

We would love to send you a thank you certificate
Byddem yn hoffi anfon tystysgrif diolch atoch chi

Don't forget to order yours at bbc.co.uk/cin

Cofiwch archebu eich un chi yn bbc.co.uk/cin

Just remember to make a note of your donation reference number if you pay in online or the date you paid in at the bank.

Cofiwch wneud nodyn o gyfeirnod eich rhodd os ydych chi wedi talu i mewn ar-lein, neu o'r dyddiad y gwnaethoch dalu i mewn yn y banc.





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