

WAYS TO

MAKE YOUR FUNDRAISING

Fab-u-lous!

Looking for ways to add a Strictly twist to your fundraising this year? We've got some super easy (and sparkly!) ways you can get involved!



GET YOUR STRICTLY ON THIS BBC CHILDREN IN NEED DAY

Whether it's donning a bow tie for your Zoom call, or heading to work top to toe in sequins, this Appeal Day is the perfect excuse to get glam and look your best!

Simply wear something to make you feel Strictly Fab-u-lous! Why not download our Strictly themed badges to award the best dressed?

All it takes is a £1 from everyone taking part to make an incredible difference. Simply head online, or use our QR code to make your donation.



MAKE SOME GLITTER BAKES

Put a Strictly spin on a classic bake sale! Whether you add a little edible glitter on your cupcakes, or go all out with our Strictly Glitterball recipe, get baking this appeal.

Sell your cakes for a suggested donation, anything from £1 upwards, depending on how good you think the cakes are! Sell these at school, work, sports or social club, pub, from home or even to your neighbours - anywhere goes! Don't forget to download our Strictly themed cake toppers and decorations, and be sure to tag us when sharing photos of your creations on social!



TEA ROUND SHOWDOWN

Do you think you make the perfect cuppa? Well now is the time to find out! Take on tea-making duties for the day and each time you do, present the tea for judging. For every tea made - and tea scored - ask for a donation to BBC Children in Need.

Alternatively, why not get everyone in your team taking turns to make tea, with each round being scored. Everyone donates to take part and the person with the lowest scores is on tea duty for the following week!

All it takes is for you to download our voting paddles and print out our QR code, donating £1-2 each.



HOLD A 'STRICTLY 10' BAKING CONTEST

Feeling competitive? Get a group of keen bakers together and hold a baking competition. Ask anyone baking to whip up a storm and pay £2 to enter.

Then download and print our voting paddles, judging sheets and QR code, and invite people to try and judge the creations. Simply ask anyone scoring to donate £1. Make sure you keep records and tally up the scores! Who will get the perfect '10' and be crowned the best baker?

Don't forget to sell any leftover cakes once the competition is over!



STRICTLY COME PARTY

Get together with your friends, family or even school to host a Strictly themed party!

Put on your best glitzy gear and compete in Strictly inspired party games. Why not use the show's theme song or music from your favourite dances to play musical chairs, bumps or statues? Or why not have a sparkle face painting stand too.

And no party is a party without cake, so make sure you ask people to bring along some glittery bakes too!

Simply ask for a £1-2 donation for everyone coming along.

DO IT IN SPARKLES CHALLENGE

Run, walk or cycle 10km in your Strictly best, from full ballroom dancing outfits or in heels.

Why not make it a group challenge and get your friends and family involved too. If 10km is not the right distance, go further or take on less. Outdoors, or in the gym, don't sweat just sparkle!

Set up a JustGiving page and share details of your challenge with your network so they can sponsor you. Don't forget to tag us in your posts when sharing photos on social!



KEEEEEEEEEP DANCING - SPONSORED DANCEATHON

For those of you with moves, why don't you take on a dance-a-thon at school or work - asking friends and family to sponsor you.

You could either do this as a relay (having one person dancing at all times throughout a day) or see how many hours you can complete collectively as a group by all dancing at the same time.

Share information about your challenge along with a donation link to ask people for their support, and remember to 'Keep Dancing'!

SUT I WNEUD EICH GWEITHGAREDDAU CODI ARIAN YN

Ffab-iw-lys!

Ydych chi'n chwilio am ffyrdd o ychwanegu sglein Strictly wrth godi arian eleni? Mae gennym ni ffyrdd hawdd iawn (a disglair!) i chi gymryd rhan!



GWISGO'N GRAND AR DDIWRNOD BBC PLANT MEWN ANGEN ELEN!

Mae Diwrnod yr Apêl eleni yn esgus perffaith i wisgo'n grand ac edrych ar eich gorau - drwy wisgo tei bô ar gyfer eich galwad Zoom, neu fynd i'r gwaith yn gwisgo secwins o'ch corun i'ch sawdl!

Gwisgwch rywbeth sy'n gwneud i chi deimlo'n Ffab-iw-lys! Beth am lawrlwytho ein bathodynau thema Strictly er mwyn gwobrwyo'r wisg orau?

Y cyfan sydd ei angen i wneud gwahaniaeth anhygoel yw £1 gan bawb sy'n cymryd rhan. Ewch ar-lein, neu ddefnyddio ein cod QR i gyfrannu.



POBI CACENNAU GLITER

Ewch ati i bobi a gwerthu cacennau thema Strictly eleni! P'un a fyddwch chi'n defnyddio tamaid o gliter bwyttadwy i addurno eich cacennau bach, neu'n mynd amdani go iawn gyda'n rysâit Pêl Gliter Strictly.

Gwerthwch eich cacennau am rodd awgrymedig, unrhyw beth o £1 i fyny, yn dibynnu ar ba mor dda yw'r cacennau yn eich barn chi! Fe allech chi werthu'r rhain yn yr ysgol, yn y gwaith, mewn clwb chwaraeon neu gymdeithasol, yn y dafarn, o'ch cartref neu hyd yn oed i'ch cymdogion - does dim ots lle! Cofiwch lawrlwytho ein haddurniadau thema Strictly a'n tagio ni pan fyddwch chi'n rhannu lluniau o'ch campweithiau ar y cyfryngau cymdeithasol!



Y PANED PERFFAITH

Tybed ydych chi'n gwneud y paned perffaith? Dyma gyfle i chi brofi eich hun! Gwirfoddolwch i wneud te am y dydd a chyflwyno pob paned o de y byddwch chi'n ei wneud i gael ei feirniadu. Am bob paned o de sy'n cael ei wneud - a'i sgorio - gofynnwch am rodd i BBC Plant mewn Angen.

Neu, beth am gael pawb yn eich tîm i gymryd eu tro i wneud te, gan sgorio pob rownd. Bydd pawb sy'n cymryd rhan yn cyfrannu a'r person sydd â'r sgôr isaf fydd ar ddyletswydd te yr wythnos ganlynol!

Y cyfan mae'n rhaid i chi ei wneud yw lawrlwytho ein padlau sgorio ac argraffu ein cod QR, gan roi £1-2 yr un.



CYSTADLEUAETH POBI 'STRICTLY 10'

Teimlo'n gystadleuol? Dewch â grŵp o bobwr brwd ynghyd a mynd ben-ben i bobi. Gofynnwch i unrhyw un sy'n pobi chwip o gacen dalu £2 i gymryd rhan.

Yna, ewch ati i lawrlwytho ac argraffu ein padlau sgorio, ein taflenni beirniadu a'n cod QR, a gwahodd pobl i flasau'r campweithiau a'u beirniadu. Gofynnwch i unrhyw un sy'n sgorio roi £1. Gwnewch yn siŵr eich bod yn cadw cofnod ac yn cyfrif y sgoriau! Pwy fydd yn sgorio'r '10' perffaith ac yn cyrraedd y brig?

Cofiwch werthu unrhyw gacennau dros ben ar ôl i'r gystadleuaeth ddod i ben!



PARTI THEMA STRICTLY

Dewch at eich gilydd yn deulu, ffrindiau neu hyd yn oed fel ysgol a chynnal parti thema Strictly!

Gwisgwch eich gwisg grandiaf a chystadlu mewn gemau parti wedi'u hysbrydoli gan Strictly. Beth am ddefnyddio cân agoriadol y sioe neu gerddoriaeth o'ch hoff ddawnsfeydd i chwarae newid cadeiriau, bympt neu rewi fel delw? Neu beth am gael stondin peintio wynebâu â gliter hefyd.

Heb anghofio'r cacennau wrth gwrs! Cofiwch ofyn i bobl ddod â'u campweithiau disglair gyda nhw hefyd!

Gofynnwch am rodd o £1-2 gan bawb sy'n dod.

SIALENS GWISGO SECWINS

Rhedwch, cerddwch neu feiciwch 10km yn eich gwisg Strictly orau, o wisgoeddd dawnsio ffurfiol i sodlau uchel.

Beth am drefnu sialens grŵp ac annog eich ffrindiau a'ch teulu i gymryd rhan hefyd. Os nad yw 10km yn bellter addas i chi, gwnewch fwy neu lai. Yn yr awyr agored, neu yn y gampfa - cofiwch serenennu nid chwysu!

Crëwch dudalen JustGiving a rhannu manylion eich sialens gyda'ch rhwydwaith er mwyn iddyn nhw allu eich noddchi. Cofiwch ein tagio ni pan fyddwch chi'n rhannu eich lluniau ar y cyfryngau cymdeithasol!



DAWNSATHON NODDEDIG - DAL ATI I DDAWNSIO

Os ydych chi'n ystyried eich hun yn dipyn o ddawnsiwr, beth am gynnal dawnsathon yn yr ysgol neu yn y gwaith - gan ofyn i'ch ffrindiau a'ch teulu eich noddchi.

Fe allech chi naill ai wneud hyn un ar y tro (cael un person yn dawnsio drwy'r amser drwy gydol y dydd) neu weld faint o oriau y gallwch eu cwblhau gyda'ch gilydd fel grŵp drwy ddawnsio ar yr un pryd.

Rhannwch wybodaeth am eich sialens ynghyd â dolyn gyfrannu i ofyn i bobl am eu cefnogaeth, a chofiwch ddal ati i ddawnsio!