## 20 Random Acts of Kindness at School

Try some of these random acts of kindness. Remember to ask an adult before completing these activities.

- 1. Hold a door open for somebody.
- 2. Give a compliment to somebody.
- 3. Volunteer to help at an after school club.
- 4. Clean up after somebody.
- 5. Help another person carry something.
- 6. Invite somebody playing alone to join in
- 7. Tell a joke.



- 8. Leave a lovely note in a reading book for the next person.
- 9. Pick up litter.
- 10. Thank your teacher, TA, or another adult, for doing a great job.
- 11. Cheer someone up who is feeling down.
- 12. Let someone go ahead of you in line.
- 13. Talk to someone new at school.
- 14. Make a 'get well' card for someone.
- 15. Tell someone why they are special to you.
- 16. Read a book to someone.
- 17. Help someone with their work.
- 18. Sharpen all of the pencils on your table.
- 19. Make someone a bookmark.
- 20. Smile at everybody. It's contagious.

