

Making Friends

It can be scary when you go to a new place and don't know anyone there. However, there are a few simple things you can do to make friends.

1. Simply say "hello". You don't have to have a big conversation the first time you meet somebody new – but you might find that they want to talk to you more.
2. Ask somebody what their name is and tell them yours. Are they new too? Do they know anybody else?
3. It could be the other way around: you could know a lot of people and somebody else could be new. The same ideas apply here – make them feel comfortable by asking their name and telling them yours. Maybe even offer to introduce them to other people.
4. Try a different hobby or interest. Don't stick to things you don't really like just because your friends do them. It's great to have friends at different places rather than just one group at school.
5. Share your talents. You don't have to try to be the best at something, but showing some of your skills can lead to people asking you more about it.

Remember: you want to make friends with people who like you for who you are. Do not feel like you have to act differently in order to meet new friends.

