



Reflecting on Lockdown

Form-Time Questions

The following questions are for teachers wanting to stimulate discussion within Form Time. Obviously, these topics should be approached with care and it is important that teachers adapt questions according to their individual students.

1. How did you keep in touch with people you know?
2. What did you do to occupy yourself?
3. Did you learn any new skills?
4. What is your opinion about school now that you haven't been for so long?
5. Did you have a daily routine?
6. How do you feel about doing your GCSEs next year?
7. What was the worst thing about lockdown?
8. What did you do to overcome or manage the negatives?
9. What was the best thing about lockdown?
10. What was the thing you missed the most?
11. What was the thing you missed the least?
12. Is there anything you started in lockdown which you now want to continue as part of your routine?
13. Are you glad to come back to school?
14. Did you do schoolwork when you were at home?
15. Imagine you are older and you have grandchildren. How would you tell them about what has happened?
16. Which of these emotions did you feel the most during lockdown?
anxiety – happiness – fear – gratitude – worry – boredom
anger – peace – upset – contentment – confusion
17. If we had to go into lockdown again, how would you prepare?
18. Explain in your own words why we had to go into lockdown.